



Maryland Soccer Foundation

18031 Central Park Circle

Boyd's, MD 20841

T 301.528.1480

www.mdsoccerplex.org



Maryland SoccerPlex COVID-19 Rules and Procedures Outside Users Leagues and Events Updated 09-16-2020

The following rules and procedures apply to all non-Maryland SoccerPlex owned and/or operated programs, leagues, and events.

Failure to comply with these rules and procedures will result in the individual or group to be asked to leave the property. Failure to comply and/or refusal to leave when told will result in the termination of the associated game as well as the potential for further bans from using the SoccerPlex in the future.

Rules and Procedures

- 1) All users must adhere to all Federal, State, and Local ordinances, executive orders, and/or regulations related to COVID-19.
- 2) All persons over the age of 2 entering SoccerPlex property must wear an approved face covering at all times when not actively participating in physical activity, including walking to and from the field, in all restrooms, and while on the sidelines. **Masks are not required for players on the field of play during games or high intensity practices.** The SoccerPlex recommends that masks be worn during trainings and practices when feasible. Individuals may choose to wear masks during games and practices. If so, it is recommended that these individuals be substituted more frequently and provided longer rest periods.
The face covering, when worn, must cover the nose, mouth, and chin of the person. Plastic face shields do NOT satisfy this requirement.
- 3) Per Montgomery County COVID Restrictions, no more than 50 persons may be on or around each field at one time. In order to accommodate maximum roster sizes, **NO SPECTATORS WILL BE ALLOWED AT THE FIELDS.** Only rostered players and coaches, game officials and SoccerPlex staff may enter the field area. Parents, spectators, guests, etc. must remain in or near their car in the parking lot. Parents may not congregate in groups in the parking lot. **Spectators are not allowed around the field even for games and matches.**
 - a. Spectators in the parking lots are recommended to stay within their cars. Spectators that leave their cars must wear facial coverings at all times. Spectators may not congregate in the parking lot and must maintain social distancing of 6 feet at all times.
 - b. In the event of an injury, Coaches may contact the parents of the injured player and allow them to assist with the removal of the player from the field area. The parents may not remain on or near the field and must wear masks at all times.
- 4) No congregating before or after your permitted field time. This includes no team talks after games. Team huddles should be avoided as much as possible and must maintain social distance of 6 feet when team huddles prove necessary.
- 5) Teams may not move to the field area, including the sidelines of the field until all players and coaches from the previous game have left the field area. All participants should stay in their cars until the field is empty.
- 6) Please maintain a 6-foot distance when walking to and from the field.



Maryland Soccer Foundation

18031 Central Park Circle

Boyd's, MD 20841

T 301.528.1480

www.mdsoccerplex.org



- 7) Team benches have been removed from the SoccerPlex. Portable team benches are prohibited to be used by teams. Players and coaches must maintain social distancing guidelines of a 6-foot distance while on the sidelines. Players equipment should be spaced at least 6 feet apart on the sidelines.
- 8) Each player should be assigned an area on the field to place their equipment, bags, water bottles, etc. All equipment should be marked with the players name and equipment should not be shared.
- 9) No centralized hydration stations, i.e. communal water coolers are allowed. Players should bring their own water bottles with their names clearly marked on the container. Water bottles cannot be shared between players.
- 10) The renting party shall be responsible for certifying that health checks are completed prior to all participants entering the facility. Health checks should certify that all visitors to the facility have not had any COVID-19 symptoms or come into contact with someone who has tested positive for COVID-19 within the past 14 days or has a temperature greater than 100.3 degrees. Individuals who are sick or simply not feeling well must stay home. Individuals who are at risk or immunocompromised are advised to stay home.
- 11) The renting party shall maintain copies of each team's roster detailing the names of all players, coaches, and team officials present for each game for contact tracing purposes.

SoccerPlex Safety Enhancements

- 1) Hand sanitizer dispensers have been placed adjacent to all fields at the SoccerPlex. These dispensers are on posts along walkways around the field area. These posts may be located between two adjacent fields for convenience purposes. Dispensers have also been installed in all Comfort Stations on the wall outside the bathrooms
- 2) Additional maintenance staff will be present during games to routinely and more frequently clean restrooms. Please be patient during these cleaning processes as the restrooms will be closed during these times.
- 3) SoccerPlex staff will be onsite to remind visitors of the facility rules, answer questions, and assist guests as needed.

Recommendations

- 1) It is strongly recommended that parents/guardians bring their own player(s) to practice and not carpool.
- 2) Please ensure that all players and coaches report to the field dressed and ready to participate.
- 3) It is recommend having sanitizing options available for your players and coaches in addition to the dispensers installed at the SoccerPlex. This may include but is not limited to:
 - a. Hand sanitizer
 - b. Disinfectant wipes to be used to wipe down all equipment
- 4) Recommend that each player label his/her equipment that they are using for practice.
- 5) We recommend that when players and coaches return home, they remove and launder their clothes and take a shower. In addition, they should sanitize any additional equipment (e.g. cleats, shin guard, gloves, balls etc.) before and after training.
- 6) Please be vigilant in preventing the spread of the COVID-19 virus by practicing good hygiene as recommended by CDC guidelines. CDC guidelines can be found here: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>
- 7) Please stay home if you are experiencing any signs or symptoms of COVID-19 or if you have been exposed to someone who has had signs or symptoms of COVID-19. Please see CDC guidelines for specific COVID-19 symptoms.



Maryland Soccer Foundation

18031 Central Park Circle

Boyd's, MD 20841

T 301.528.1480

www.mdsoccerplex.org



-
- 8) Coaches and players, please check your temperature prior to leaving for scheduled games on a SoccerPlex field. If your temperature is 100.3 degrees or higher, you are not allowed to participate in an activity on a SoccerPlex field for a minimum of 14 days.
 - 9) As per the CDC: If you are immunocompromised, the best way to prevent COVID-19 is to avoid being exposed to the virus. We strongly urge you to consider the risk that you would be taking by participating in a group practice on SoccerPlex fields, as you will be putting your health at risk. Therefore, you may consider not participating in practices at this time.